Certification Required Session Log 2025-2027

Somatic Experiencing Instituttet Norge DA, Norway

Minimum total hours required for Certification: 18 sessions of personal sessions and 18 hours of Case Consultations. (CC). 1 session is 55 minutes. Price in 2025 1600 NOK, 2026: 1750 NOK and 2027: 2000 NOK

Level	Reommended Personal sessions	Recommended Ind/Groups Case Cons	Of them recommended C.C. by Faculty
Beginning	8	4	1 (3 hrs)
Intermediate	6	6	1 (3 hrs)
Advanced	4	8	1 (3 hrs)

Date:	Personal Session Sign VR or RL	Ind C.C.	Group C.C.	Teacher Group C.C.	Sign:
Sum:					